

The Philosophical Library  
2091 E. Valley Parkway, Suite D  
Escondido, CA 92027

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**THE PHILOSOPHICAL LIBRARY  
A SPIRITUAL RESOURCE CENTER**



# THE BEACON OF LIGHT

2091 East Valley Parkway, Suite D 760-745-2724  
Escondido, California 92027

## February

### Living By Grace

Thursdays in February  
7-9 pm

Presented by Dr. Rhoberta  
Shaler

*"To live by grace enables us to do greater things, achieve better results in all of our daily activities, because of this spiritual impulsion and divine guidance"—Joel Goldsmith*

**Hours of Operation:**  
Tuesday through Saturday: 1 p.m. – 5 p.m.  
Closed Sundays, Mondays and Holidays

Web Site:

[www.philosophicallibrary.org](http://www.philosophicallibrary.org)

E-mail:

[info@philosophicallibrary.org](mailto:info@philosophicallibrary.org)

Free Monthly publication

Issue 022009



### What's Up?

February is a month of special holidays! Of course it's the official month of Love, with Valentines Day being one of the most celebrated holidays for sweethearts. It is also Chocolate month, Black History month, Responsible Pet Owner Month, Creative Romance Month, and Canned Food Month. Whew!

February has also been named the official Philosophical Library "Membership Drive" month. First of all, a grand "Thank You" to everyone who has helped support the Library through your membership, donations, attending the various events at the Library, or volunteering. Are you a member of the Library? For just \$25 a year, or about \$2 a month, you can have full access to over 12,000 books, DVD's and Audio materials of an unimaginable variety. Many of you who read or receive this newsletter are not members. Maybe your membership has expired and you simply haven't had the time to renew. Please consider joining or renewing with the Philosophical Library during the month of February. Let the volunteer staff, and especially our membership coordinator, Trudy, know you consider the Library a valuable community asset. (I don't know what the Library would do without Trudy's efforts!) The Library is a non-profit volunteer-run organization. Everything we collect goes to keep our doors open—the rent, utilities, and all of those unavoidable expenses that come along.

We at the Library are trying to expand our horizons and give back to the community in a different way. We are counting on you, whether a member, occasional guest, or regular participant. Every time you help another, you help the world. Every kind thought, every kind action raises the consciousness of the world. Goals are never met by a company or organization. The brick walls and desks don't do anything. Goals are met with the participation of individuals. You are one of those individuals.

February is also our Food Drive for Interfaith of Escondido. By collecting food goods we can help Interfaith's mission of Helping People Help Themselves. We will accept all types of non perishable foods. Unlike monetary donations to some large national organization, donations stay right here in Escondido and the surrounding area. Regardless of economic conditions, we live in a world of inexhaustible abundance. You can help to manifest that abundance for those who are at this time, less fortunate. Interfaith will accept anything, but they have need of jelly and jams, tuna fish, canned chili or soups with protein. A box will be set up in the lobby of the Library for donations. Let's take a look in our cupboards or pick up a couple extra cans at the store. You won't notice it, but a hungry child will.

### Newsletter Submissions and Scheduling

In order to serve our members, giving enough prior advance notice for events, classes, etc. we **MUST** have the newsletter ready to be mailed early enough in the month. This means that items for the newsletter need to be submitted by the **10<sup>th</sup> of the preceding month**, allowing for creating, proofreading, revisions, printing, processing, etc. For booking new events, check with Genny Carr at (760) 743-3849 as to availability of dates.

Once your date and time has been established, you need to write a description of the event. This "blurb" should be kept to a reasonable length (75 words or less—see current items) and include a contact person and number and/or e-mail address for further information. You should also indicate whether you will be charging a fee or it will be on a donation basis to the Library. Send these blurbs to Jan at [janieb@cox.net](mailto:janieb@cox.net).

A **meeting room** is available for those looking for a facility to hold a class, workshop, speaker, etc. The large room fee is \$15 per hour, with a two-hour minimum. Small room fee is \$10 per hour, with a two-hour minimum. Contact Genny at (760) 743-3849.

***Our mission at The Philosophical Library is to create a conscious community by providing unique resources for those seeking meaning through diverse paths of wisdom.***

<b>BOARD MEMBERS</b>	
Trudy Lynn.....	President
Dan McMiller.....	Vice President
Rachel Connolly.....	Treasurer
Jayashree Blench, Laura Bogunovich, Genny Carr, Rachel Connolly, Kathy Jacobs, Rhoberta Shaler, Keith Smith, Waddy Wells	

*Newsletter Editor: Jan Burke*

# Readers

## Kaballah Readings

### Thursdays, 2:00 to 5:00 p.m.

Leslie Saunders will be at the Library on Thursdays from 2-5 p.m. Leslie does Kaballah readings utilizing Hebrew cards. You can phone for an appointment (760) 214-5681.

## Tarot-Numerology Readings

### Saturdays, 2:00-5:00 p.m.

Sue Simmons will be in the Library on Saturdays for readings. Sue does a combination tarot-numerology reading: \$20 for 20 min; \$30 for 30 min. Sue has been a professional astrologer since 1994 and teaches astrology, numerology, and tarot classes. For more info or to make an appt. call Sue at (760) 291-0484. Drop-ins welcome....appt. not necessary.



## Coming in future issues

To better assist our community and increase our income, we will begin placing advertisements in the upcoming editions of our newsletter, The Beacon. We will display business cards (black and white copy) and also accept classified ads (for sale/wanted). To place your ad or for more info, please contact Genny at (760) 743-3849.

**Our first ad!**

### **Home Health Care Needed**

Looking for care approx. 4-10 hrs. per week.  
Flexible hours and work. Some driving required.  
\$9.25 per hr. plus gas allowance when warranted.  
Please call Stacy Griffin at (760) 749-6486.

The Causeless Joy. This is just what it is—causeless joy. The mind or ego, the false sense of self, is filled with desires—desires that something be different than what it is right now. Many times these desires are actually unknown to the person who is experiencing them, but result of the desire will manifest itself in continual wanting. That sense of wanting, or lack, is often filled with food, chocolate, sex, etc. Those are like drugs. Of course alcohol and drugs are often used. So is entertainment. Something to stimulate, or more accurately distract the mind from what it perceives as lack, or pain, or an uncomfortable feeling that it is sensing. What I'm referring to could be emotional or mental pain—a general sense of lacking or emptiness.

Not only are thoughts driven by the desires, but body sensations as well. Sensations coming from various areas of the body will drive thoughts and the thoughts can perpetuate the feelings or sensations. Once the mind believes the stimulation it is receiving, it nullifies the unwanted sensation or thoughts. It is appeased. But this is a false sense of fulfillment because it is fulfilled by a temporary distraction of consuming. Consuming external stimulation. Whatever is consumed—not just physically such as food, but also through entertainment such as TV and music or talk radio. Almost everything that is consumed is done so with the belief that it will fulfill the desire perceived by the mind or the ego's sense of self. But whatever is consumed is only another impermanent form and will eventually end, leaving the mind and ego in another, sometimes greater, sense of lack that must be once again fulfilled with consuming external stimulation.

The causeless joy is true joy and that comes only from within. It comes from the understanding; it comes from knowing, from the Oneness; God or Consciousness and is never ending, both the unmanifest and the manifest. This joy comes from the knowledge that everything is already fulfilled, there is nothing else needed. This Joy is the drink of cool water in the desert heat. That life as it should be truly exists right now.

One way the mind does this is look to the future. The future will also be as it is, if you want to consider the concept of future. And at that time everything will also be as it should be, because that is the way it is at that time. Suffering is the refusal to accept what is right now because of the perceptions of the mind that something is lacking, and consuming or some stimulus will fulfill that perceived lack or desire. It's that simple. Recognize this, as you already have begun to, and know that within you is the Source of everything you need. See those thoughts and sensations for what they are and you have already become aware of your true nature – an aspect of the One. The Self. The conduit for Causeless Joy. If you have any questions or comments on this or any article written through me for the Library, please know I can be reached at [ron@leejen.com](mailto:ron@leejen.com).

Blessings ~ Ron

# February Activities

## Monday Events

### Breaking Free

Mondays, 6:30-8:30 p.m.

Release life-long patterns of limiting beliefs and become empowered to keep those New Year's resolutions. Through this six-week course, you will: Discover and release negative patterns blocking your joy and creativity, learn to love yourself, experience empowerment and harmony, reprogram your subconscious with the power of hypnosis, connect with your Soul's purpose and achieve your dreams. Rhoda Reilly, a certified, licensed psychotherapist, will guide your experience in teaching you transformational skills to improve your life. For more information, call (760) 742-1392.

### Steering Committee Meeting

Monday at 7:30 p.m.

February 9 and 23

## Tuesday Events

### White Light Church Spiritual Awareness Class

Begins Tuesdays, 2/10 and continues, 7-9:00 p.m.

The purpose of this class is to develop "Spiritual Awareness" for the Soul and to explore all matters that involve "Spiritual Growth" to guide us on our journey in this lifetime. This class does not give certification to be a healer or medium, but is meant for people's own development.

**Meditation:** Since meditation is the key to spiritual awareness, meditation will be an important aspect of this class.

**Healing:** introduction to all healing modalities, Aura & Chakras, Meditation, Spiritual Law, Healing practices & Past Life regression.

**Mediumship:** Introduction to Mediumship, Mental & Physical Mediumship, Laws and Ethics of Mediumship, Development, Teachers, Guides & Angels, Delivering Messages

**Life Lessons Experiences:** Sharing our experiences will give us a chance to learn, not only for ourselves, but also from each other. The goal is to see how the Universe, God, Spirits, Angels & Guides work with us during our life experiences.

### Retrain Your Brain with Armand Archambeault

Sunday, February 22, 3:30 p.m.

- ◆ Learn about your brain. Is it really you? Did you really create your brain? Or did you allow it to be created by others?
- ◆ Is your brain a helper or hindrance? Would you like to change who and what you are?
- ◆ Who is speaking when your brain speaks? Would you like to speak for yourself, or let other's opinions speak for you?
- ◆ How do you control your brain? Do you really control your brain?
- ◆ Are you open-minded, or closed-minded? Are you alive, or dead? Do you read, listen and think? Or are you set in your ways?
- ◆ What does the mind of God look like? This is very interesting, Would you care to hear about it?

### Enjoy the abundance of living while you are alive!

Armand's Website: <http://stores.lulu.com/store.php?fStoreID=925946> Donation to the Library.

*The Philosophical Library is located next door to St. Clare's Home at 2411 E. Valley Pkwy. Our driveway is right next to the Amvets resale shop. The Philosophical Library is a non-profit organization. The Library is run by dedicated volunteers and has been a community asset in Escondido since 1963. With over 10,000 books, audio, video and reference materials, it is the largest privately owned lending library open to the public in Southern California. Our selections cover an extremely wide range of spiritual topics – from Astrology to Zoroasterism - and everything in between! We have classes, seminars, and special events scheduled. Come visit with us and relax with a book for a while. The Gift Shop has a selection of gems and crystals, gifts, new and used books, and incense. The Philosophical Library and gift shop are open from 1 pm to 5pm Tuesday through Saturday. Visit us on line at [www.philosophicallibrary.org](http://www.philosophicallibrary.org).*

## Sunday Events

### The Open Door”—A Spiritual Adventure

#### All Sundays, 11 a.m.

Psychic, Medium, Psychometrist, Spiritualist, and Police Consultant Reverend Rosemarie A. Kerr will be offering “The Open Door: A Spiritual Adventure”. She can be reached in person at 760-746-0545, and can be e-mailed at therevseven@aol.com.

### Soul Cycle

#### Sunday, February 1, 2-4 p.m.

These classes will take you through the cycle from the earthly death to and through the Light, and all the steps needed until we are incarnated again. You will learn what part the souls already there will play in our crossing over. Their roles are as varied as our own on Earth and each soul has a specific area of expertise in its journey. This information was channeled to Rev. Stuart Hesketh, Assistant Minister of the Open Door by Matthew and Friends. For more information, he can be reached at (760) 839-6548 and/or e-mailed at shesketh@cox.net. \$10.00

### Drum Circle

#### Sunday, February 15, 5-7 p.m.

No prior experience needed. You will learn basic hand techniques and explore many rhythms. Each rhythm is then played in a Jam Session! Lisa Bonneau, teacher/facilitator, has been a percussionist for over 20 years in a Turkish rock band. She went on to perform with several other groups in Chicago. Lisa facilitates several drum circles in and around the Northern San Diego County and teaches weekly drum classes at Poway Adult School. \$10.

### Making the Connection

#### Sunday, February 22, 1 p.m.

This class will explore meditation, energy visualizations and other methods of spiritual connection that allow us to expand our connection to universal consciousness with awareness. The approach is experiential, and we will be integrating approaches as well as looking at some new ideas. Our intention is to expand our awareness of and connection to the higher energies of healing and personal progression available in the universal field. All are welcome and there are no prerequisites needed. Suggested donation is \$15. Free will donations are gratefully accepted also. For more info: shannaspalding@yahoo.com. Or (951) 657-6587.

Once a month, at the end of the discussion, the facilitator will channel the Spirits’ perspective on the experience. We can do this once a month. For more info please check my website, Rev. Grace Wynands: www.whitelightchurch.com Fee: \$10. For more info: (760) 749-3625.

## Wednesday Events

### Toning

#### Wednesday, February 4, 7:00 p.m

Toning is a simple, esoteric vocal tool that affects your entire field – body, mind and emotions. It clears, aligns and balances your energy; and best of all, it feels great! Join us in this group work as we submerge ourselves in a sea of Love! Bring bottled water. Library donation. Genny:(760) 743-3849 for more info.

### Maitreya and the Masters of Wisdom

#### Wednesday, February 11, 6:30-8:30 p.m.

In this coming time, we shall have to make a shift in consciousness to include every aspect of our being in our understanding of “spiritual”. All structures must be based on the inner Oneness of humanity and reflect that reality. As souls, we are one. We have to create political, economical and social systems which allow that inner divinity to express itself. Our Elder Brothers, the Masters of Wisdom who are led by the World Teacher Maitreya, are among us now to guide us into the New Age. Library donation.

### Alexander Speaks

#### Wednesday, February 18, 7:00 p.m.

You are invited to have a 15-minute conversation with Alexander about your questions, beliefs and experiences regarding your Soul’s purpose and intent in this lifetime. Discover the spiritual wisdom and the lost teachings of such great philosophers as Socrates, Plato and Aristotle. Library donation \$5. For more information, contact Jim Buchanan (858) 486-8390.

### Metaphysical Singles of North County San Diego

#### Wednesday, February 25, 7:00-9:30 p.m.

Meet like-minded singles that share your interest in Metaphysics. Join us! \$5 or more donation for our room rental. For more information and to reserve your space **Contact Celeste at (760) 294-4526. <http://singles.meetup.com/674> Check website or call for more details of event.**

## Thursday Events

### Living by Grace—Reflecting on the Wisdom of Joel S. Goldsmith, a Modern Mystic

All Thursdays 7-9:00 p.m.

Ready for an in-depth discussion of spiritual principles and their application to daily living? Interested in understanding the clear view Joel Goldsmith presents and how it compares to other teachings? Are you prepared to open your mind and heart to a new or deeper understanding of your relationship to God, supply and success? Experience all of these issues with Dr. Rhoberta Shaler in this four-week program. Dr. Shaler is a psychologist, minister and founder of SpiritualLivingNetwork.com. Fee: \$40. To register, phone Dr. Shaler at (760) 735-8686.

## Friday Events

### James Joyce's Ulysses

All Fridays 2:00 p.m.

"Ulysses", the novel, will be our new ongoing class, continuing for nine weeks. This series examines in detail James Joyce's landmark novel which has come to be considered a major contribution to 20th century literature. This novel radically reconstructs the adventures of Ulysses, the protagonist of Homer's ancient epic "The Odyssey." However, it is set in 20th century Ireland and transforms the main character from warrior into pacifist. Join us as we take a remarkable journey through this remarkable story! Format is a DVD series taught by Professor James A. W. Heffernan, Ph. D., Dartmouth College. Library donation. More info: Frank, 760-840-8178

### Adyashanti Gathering

Friday, February 6, 6:00 p.m.

Adyashanti's teachings are now being shared globally as well as locally, as groups gather to listen to audiotapes or watch DVDs. There are over 50 Gatherings now taking place in 26 states and 7 countries—and the list continues to grow. We are one of these groups. The nature of Gatherings is as varied as the people who come together to share Adya's teachings. Some groups have chosen a silent format, where they meditate, watch a DVD, and leave in silence. Some listen to

Second Feature:

### Varanasi Sacred Fire (2007, running time 50 minutes)

This is an unsparing yet heartfelt account of a day in the life of the oldest inhabited city on Earth, the holiest city in India – Varanasi. The Ganges River is the center of life in Varanasi. For thousands of years, every day, it receives the people's prayers as they enter the water and bathe. And throughout every day, and every night, it receives the dead. A cinematic meditation on a remarkable city, where both life and death are encountered daily on the great Ganges River. This is a rare account of cremation rituals at Manikarnika Ghat, India's holiest funeral ground. Contact Dan at 858-692-5552 for questions.

### Iridology Readings with Jon D. Jensen, CMH, Iridologist Saturday, February 28, 1-5:00 p.m.

Jon, who has over 20 years' experience in Iridology, nutrition and personal self-development, will offer his skills for **both people and pets!** Iridology is the study of the iris of the eye and is a gentle, noninvasive way of identifying inherited strengths and weaknesses and areas of the body that need nutritional support. Iridology is a tool that can help us to understand the connection between the mind and the body. By recognizing specific markings within the iris, we can understand whether we are introverted or extroverted, our genetic physical and behavioral patterns, patterns in the way we attract relationships, and many other ways in which we manage our lives. This is a wonderful opportunity to find out about the health and needs of both ourselves and our best friends. To make an appointment for a reading, phone the Library at (760) 745-2724—\$15 for 15 min. For more info from John: (760) 443-4285, J23Jon@aol.com or www.healthresourcecenter.com

### Looking for Love by Patricia Moore

Saturday, February 28, 6-8:00 p.m.

Discover who and what you have been looking for in your relationships. Awareness can create positive results. Patricia has a Master's degree in Clinical Psychology and has worked with adults, children, families, couples and groups for approximately 13 years. She is a minister and a certified healer. Donations benefit the Library. For more info contact (760) 726-1535.

## Saturday Events

### Divine Intuition and Guidance with the Angels

**Saturday, February 14, 5-7:00 p.m.**

- ◆ How do you know if it is truly your angels sending messages or your imagination?
- ◆ Deeper discussion of the 4 “clairs”
- ◆ Seven-day plan for having an Angel Vision
- ◆ Healing meditation
- ◆ Everyone will experience an angel reading

Laura Penn and Diana Marie are Advanced Angel Therapy Practitioners. Laura, who offers angelic readings, has been teaching body mind concepts for the past 25 years through movement, Pilates, yoga, dance and meditation. Diana has level II Reiki credentials and has been a spiritual teacher and mentor for the last 13 years, using various techniques for healing including prayer, Reiki, crystals and angel card readings. \$15. RSVP: (760) 644-2958 or [lgpilates@cox.net](mailto:lgpilates@cox.net).

### Metaphysical Cinema—Double Feature

**Saturday, February 21, 7:00 p.m. showtime (tickets \$10)**

"Kumbh Mela: Songs of the River" (2005, running time 60 minutes) The Kumbh Mela is the "Festival of the Urn" that pours out the nectar of immortality. It is a great roving festival that has moved around India for more than four thousand years, erecting temporary cities along the Ganges River. The 2001 Kumbh Mela in Allahabad, India was the largest gathering of humanity in recorded history—not just the final Kumbh Mela in a 12-year cycle of festivals. It was the final festival of 12 cycles - the conclusion of a giant 144-year cycle, making it "Maha" Kumbh Mela, the Great Festival. This 144-year buildup of spiritual meaning made it a powerfully auspicious time for pilgrims to bathe in the Ganges. Even the planets and stars joined in, providing heavenly alignments not seen for 144 years. East joined West with the coinciding advent of the 21st Century in 2001. Thus, roughly 70 million people came from all over the globe to pray for peace and rebirth for self and the world, truly a meeting of ancient and future in a remarkable moment. Key Characters:

- PILOT BABA, HIS HOLINESS THE DALAI LAMA, YOGMATA KEIKO AIKAWA, DR. ANDREW WEIL, SIR MARK TULLY, KALI BABA

Adya's guided meditations, read from his books, and share how these teachings have affected their lives. Whatever the format, there is an opportunity to share time with others in the love of truth. For info call the library (760) 745-2724.

### From Your True Nature

**All Fridays, 6:00 p.m. (2/6 discussion will be at 7:30 pm)**

“You realize that behind all of your desires was a single desire: to experience each moment from your true nature.”- *Adyashanti*. We are not a "thing" in time. We are the capacity for what is happening. Join us as we share experiences and favorite quips, quotes and quandaries about the timeless—our true identity. Requirements are openness for discovery and aptitude for celebration. Every Friday at 6:00 p.m. For info call the library (760) 745-2724.

## Saturday Events

### Joel Goldsmith's "The Infinite Way" Tape Study

**All Saturdays, 11:00 a.m.**

Hear Joel's direct teaching on mysticism, meditation and principals. Learn how to attain conscious union with God. In a recent Oprah/Eckhart Tolle program, someone asked Eckhart for suggestions for further study. He recommended Joel Goldsmith's "Infinite Way" teachings. Donations benefit the Library. For more info contact Waddy at (760) 271-4187.

### A Sound Journey featuring Toni Pope

**Saturday, February 7, 6:00 p.m.**

Toni Pope is an amazing sound healing vocal artist who invokes sounds ranging from Tuvan throat-singers to Tibetan monks. She has toured several times in Europe playing for thousands of people and has met with Paul Pena "Genghis Blues" at his invitation. While in India, she experienced night-long meditations in caves of Siddha Yogis. She is a beautiful and deep spirit with a natural ability to bring forth ancient harmonics with her voice. Give yourself a gift and join us for this special sound healing presentation. \$15. [www.tonipope.com](http://www.tonipope.com); [www.myspace.com/tonipopemusic](http://www.myspace.com/tonipopemusic)

## Calendar

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