

**The Philosophical Library  
2091 E. Valley Parkway, Suite D  
Escondido, CA 92027**

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**THE PHILOSOPHICAL LIBRARY  
A SPIRITUAL RESOURCE CENTER**



# THE BEACON OF LIGHT

2091 East Valley Parkway, Suite D 760-745-2724  
Escondido, California 92027

## March

**Francis Lucille**

Holds Satsang

Thursday, March 13, 7:30 p.m.

(details inside)

**Hours of Operation:**

**Tuesday through Saturday: 1 p.m. – 5 p.m.**

**Closed Sundays, Mondays and Holidays**

**Web Site:**

***www.philosophicallibrary.org***

**E-mail:**

***info@philosophicallibrary.org***

# What's New.....

Ah... Springtime! That beautiful time of the year when a young man's (and woman's) fancy turns to thoughts of...Spiritual growth. Looking for a little reading material? Laura, with the help of Amy, has been very busy stocking the bookshelves with new books and recent donations. We now have several new Adyashanti DVDs too. On Friday afternoons, Frank is hosting a wonderful series of DVD lectures. The series, Philosophy and Religion in the West, is extremely comprehensive and each is followed by a lively discussion.

## NEW THIS MONTH: "POWER of ATTITUDE"

Attitude predetermines behavior based on how we interpret events, situations and relationships in our lives. The fascinating aspect of our 'attitude' is that it can change and does change, because the 'meaning' we attribute to events, situations and relationships, keeps evolving as we grow. Therefore the attitude we put forth brings due results.

Right attitude is a powerful tool for spiritual aspirants, as much as for those involved in worldly progress, because it puts us in an atmosphere of progressive harmony which cannot be arrived at by mental discussion. Based on the teachings of Sri Aurobindo and the Mother, Jayashree will be conducting interactive sessions of the "Power of Attitude" every Sunday in March, 1:00 to 3:00 pm, at the Philosophical Library.

Jayashree has been a student of Sri Aurobindo and the Mother's philosophy for more than a decade. She was a facilitator at the Gnostic Center in New Delhi, India, where she conducted classes based on their teachings.

## “MEDITATION”

Meditation is the cornerstone of our relationship with the Divine, and with ourselves. Interacting with the Divine in us is the theme of these classes. Everyone is different in their expression, and the method of meditating will vary accordingly. Finding the method that works best is an important part of realizing the Self. These four meetings will be interactive sessions exploring the inner world on consciousness. Robin will be sharing some of his experiences of having practiced meditation for almost 40 years. Meetings will be on Wednesdays in March from 7:00 to 9:00 pm at the Library. Donations for the library will be gratefully accepted

Don't forget the first day of Spring on March 20<sup>th</sup>. This year, in local San Diego time, the Vernal Equinox occurs on the 19<sup>th</sup> at 10:48 pm. Just what happens, you ask, during the Vernal Equinox? Well, I'm glad you asked. This is not one of those made-up holidays to be celebrated on some arbitrarily decided day. No sir! This Holiday takes place every year

The Philosophical Library is located next door to St. Clare's Home at 2411 E. Valley Pkwy. Our driveway is right next to the Amvets resale shop. The Philosophical Library is a non-profit organization. The Library is run by dedicated volunteers and has been a community asset in Escondido since 1964. With over 10,000 books, audio, video and reference materials it is the largest privately owned lending library open to the public in Southern California. Our selections cover an extremely wide range of spiritual topics – from Astrology to Zoroasterism - and everything in between! We have classes, seminars, and special events scheduled everyday. Come visit with us and relax with a book for a while. There's a new Gift Shop with a selection of gems and crystals, gifts, new and used books, and incense. The Philosophical Library and gift shop are open from 1pm to 5pm Tuesday through Friday and 1 to 5 pm Saturdays. Visit us on line at [www.philosophicallibrary.org](http://www.philosophicallibrary.org).

***Our mission at The Philosophical Library is to create a conscious community by providing unique resources for those seeking meaning through diverse paths of wisdom.***

| <b>BOARD MEMBERS</b>  |                  |
|---|------------------|
| Waddy Wells.....  | President        |
| Laura Bogunovich.....   | Secretary        |
| Genny Carr.....   | Treasurer        |
| Gwyn Henry.....   | Program Director |
| Ed Kohout, Judy Laguna, Kathy Jacobs, Keith Smith, Ron Porter |                  |

*Newsletter Editor: Jan Burke*



### Readings with Joan Lascola

Joan Lascola, M.A., Spiritual Healer, Counselor, Teacher, Writer and Reader is available for readings. She has 17 years of medium experience and uses tarot cards and a pendulum to access spirit. Contact her at (951) 698-9736, (760)739-9189 or (520) 360-9994.

### Astrology Readings by Ed

Ed is available for astrology readings. You can contact him at (760) 644-5461.

### Kaballah Readings

#### Thursdays, 2:00 to 5:00 p.m.

Leslie Saunders will be at the Library on Thursdays from 2-5 p.m. Leslie does Kaballah readings utilizing Hebrew cards. You can phone for an appointment (760) 214-5681.

### **Newsletter Submissions and Scheduling**

In order to serve our members, giving enough prior advance notice for events, classes, etc. we **MUST** have the newsletter ready to be mailed early enough in the month. This means that items for the newsletter need to be submitted by the 8<sup>th</sup> of the preceding month, allowing for creating, proofreading, revisions, printing, processing, etc. For booking new events, check with Gwyn Henry (760) 233-0848 or choctaw44@cox.net as to availability of dates. Once your date and time has been established, you need to write a description of the event (75 words or less). This “blurb” should be kept to a reasonable length (see current items) and include a contact person and number and/or e-mail address for further information. You should also indicate whether you will be charging a fee or it will be on a donation basis to the Library. Send these blurbs to Gwyn AND Jan at janieb@cox.net.

**A meeting room** is available for those looking for a facility to hold a class, workshop, speaker, etc. Room fee is \$15 per hour, with a two-hour minimum. Contact Gwyn at (760) 233-0848 or choctaw44@cox.net.

**Please note that the Library does not ascribe to any of the material presented in the activities hosted. It is our purpose to offer a forum for the presentation of a wide variety of philosophical, spiritual, religious, and secular beliefs without endorsing those beliefs**

whether or not a person takes notice. On this day something *very* special happens: The Earth is constantly tilting in its stance toward the way it faces the Sun. The Sun has been getting higher in the sky since mid December. Days are longer and for the most part a little warmer. Now – this is important. The Sun doesn’t move, but from our perspective here on Earth, it appears to. The Sun returns to cross the imaginary “plane” of the equator and, “officially” as could be done, ends the winter season. That moment takes place every year between March 19<sup>th</sup> and the 21<sup>st</sup>. When it does, **Spring begins throughout the Northern Hemisphere**. This is a special day, only one of two during the year in which day and night are equally divided. In many ancient cultures this day was considered New Year’s Day.

The ritual of spring cleaning is said to come from the cleaning out of old negative energy accumulated during the dark winter months. There are many ancient Goddesses symbolizing Spring and fertility, one of which was Eostre, said to be one of the roots to celebrating Easter. Even the ritual of fasting taken up today by many modern cultures and religions is thought to stem from food being scarce at this time of year. We would be in between last year’s old crop and nothing new coming along for some time this year. But we have invented our own rituals! It won’t be long before we start the new Spring traditions of our culture. Street Fairs will be starting. Crusin’ Friday Nights on Grand Avenue in Escondido is just around the corner. There will be a slew of new movies in the theatres soon. Young kids will want to stay up later. I remember saying “Why do I hafta go to bed when it’s still light outside?” I also remember it didn’t help; I still had to go to bed at the same time. But we already looked forward to school letting out for another summer. Slightly older kids will want to hang out with their friends. Young adults will want to borrow the car to go see some of those new movies. And there will be beautiful June brides, one of those old traditions handed down for so many years that hasn’t changed.

So many of these traditions and rituals we just take for granted. They’re just part of what we do, most of the time without thinking about them. That’s not a bad thing; it just is. They help to keep a part of our lives consistent, something for which to look forward and count on to be there every time. Have you noticed I always try to wrap up the “What’s New” column with some smooth segway into a blurb about the Philosophical Library? (The word “blurb”, in case you’re not sufficiently impressed, is one of those “official” literary terms we “official” writers use.) This month’s is this: The Philosophical Library is one of those traditions you can always count on. It has been for over 40 years. Any old negative energies have been swept out, and as always, there is something new at the Library—a book to borrow, a DVD to see, a class or event to participate in, or maybe a friend you haven’t yet met. Come on by...

With Love, more Light, and Blessings ~ Ron

# March Activities

For certain events, limited space is available. Phone 760-745-2724 to reserve a seat.

## Monday Events

### CAPSTONE: Writer's Critique

Monday, March 3 and March 17, 7-9:00 p.m.

(1<sup>st</sup> and 3<sup>rd</sup> Mondays of each month)

Whip those old memoirs out of the closet, dust off that idea you had for a novel, or set down those metaphysical ideas you'd like to share with the world. Any project written in prose is welcome. Maybe you'll be the next to top the best seller list, but if not, you can honor your work by compiling it into a form to share with colleagues, family and friends. Whatever your objective is, publishing or sharing, the mission of CAPSTONE is to help you achieve COMPLETION of your project, for without completion, none of these ends can happen. Bring your project and join us for gentle critique, sharing of information and mutual encouragement. Fee \$30 per month Contact: Gwyn Henry 760-233-0848.

## Tuesday Events

### La Entrada de la Luz

All Tuesdays 7-9:00 p.m.

Founded in 2003, "La Entrada" defines itself as a spiritualist society which promotes world peace, environmentalism, and spirit guidance. Our meetings are open to everyone. Each meeting includes a get-acquainted conversation time, a new topic and speaker, refreshments, and a message circle. A donation is taken to benefit the Library. For more information, call Rev. Leslie Saunders at (760) 214-5681.



We are in need of a free-standing canopy for our garden area outside the Library. It must be 9' wide (no larger) and 12' in length or more. PLEASE call us if you have one to donate!

## Power of Attitude—Interactive Sessions

All Sundays this month 1-3:00 p.m.

Attitude predetermines behavior based on how we interpret events, situations and relationships in our lives. It can change and does change, because the 'meaning' we attribute to events, situations and relationships, keeps evolving as we grow. Right attitude is a powerful tool for spiritual aspirants, as much as for those involved in worldly progress, because it puts us in an atmosphere of progressive harmony which cannot be arrived at by mental discussion. Sessions will be based on the teachings of Sri Aurobindo and the Mother. Jayashree has been a student of Sri Aurobindo and the Mother's philosophy for more than a decade. She was a facilitator at the Gnostic Center in New Delhi, India, where she conducted classes based on their teachings. For more information, phone Jayashree at (760)751-3088 or (760)489-8319. Donation requested for the Library.

## Paths

(\$12 in the Library bookstore)

We are proud to present a selection from "Paths: Notes from the Spiritual Journey". Paths, an anthology in Poetry, Prose, and Visual Art was published in April 2007 by the Philosophical Library and was edited by our own Gwyn Henry. This month's selection is an excerpt from the poem "Little Sister"

"Little Sister"

**Small brown bird among the disheveled  
leaves of the sycamore, you hide  
your beauty underneath your wings.  
It is only when you fly I gasp to see**

**the topaz of your body like the lining  
of a silk kimono. Quickly you fold  
back into your drab disguise.  
You choose to be recognized**

**only in flight.**

—Una Nichols Hynum

## More Saturday Events

### DAY TRIPPIN'!

#### A Tour of Your Inner Worlds Via the Written Word

Saturday, March 22, 1:00 p.m.

(4<sup>th</sup> Saturday of each month)

Pack your baggage and bring it all along, as this workshop takes you day tripping through your inner landscapes in search of creative gems that lurk therein. How? By forgetting grammar, spelling, all the rules-- and learning to give voice and freedom to your creative psyche through the flow of words onto paper. Self-discovery, connection to muse energies, exploration of memory, maybe even channeling Shakespeare...all wait for you in this very cool monthly writing experience. You don't have to be a "writer" to enjoy this-- it's designed for novice to advanced levels, and everything in between. Bring writing materials and your sense of adventure. Leave inhibitions at home. Contact award-winning fiction writer and teacher, Gwyn Henry 760-233-0848.

### Relation Shift Workshop

Saturday, March 22, 3-9:00 p.m.



Limited space! Get your reservations in soon. Flyers in Library! See last month's newsletter. Learning to use Sexual Energy, Life Force Energy, Prana, Chi and Kundelini as we expand to the next level in our development and relationships. Couples are welcome. We will not be matched by gender but will draw on the male and female energy within ourselves for balance. Break for dinner which will still be part of the experience. Facilitator: Celeste Kelly (760) 294-4526. Donation: \$10 for Library + Dinner meal. See [www.lightworker.com](http://www.lightworker.com). Overlight 5 for more information.

## Sunday Events

### The Open Door"—A Spiritual Adventure

All Sundays, 11 a.m.

Psychic, Medium, Psychometrist, Spiritualist, and Police Consultant Reverend Rosemarie A. Kerr will be offering "The Open Door: A Spiritual Adventure". She can be reached in person at 760-746-0545, and can be e-mailed at [therevseven@aol.com](mailto:therevseven@aol.com).

## Wednesday Events

### Meditation Group: Life is Meditation

All Wednesdays this month, 7-9:00 p.m

Meditation is the cornerstone of our relationship with the Divine, with ourselves. Interacting with the Divine in us is the class theme. Everyone is different in their expression, and the method of meditating will vary accordingly. Finding the method that works best is an important part of realizing the Self. These four meetings will be interactive sessions exploring the inner world on consciousness. Robin will be sharing some of his experiences of having practiced meditation for almost 40 years. He can be contacted at: (760) 751-3088 or (760) 484-8318. Email: [r5design@vcweb.org](mailto:r5design@vcweb.org). Library donation appreciated.

### Treasure Mapping

Wednesday, March 12, 6:30-9:00 p.m.

Would you like to SuperCharge Your Year? Visualizing your goals for greater achievement, TREASURE MAPPING is a powerful and important technique for motivating yourself and building the self-confidence needed to achieve your goals. It can be the icing on your visualization cake! Come join me for a magical evening of creating what you want for yourself this year! All materials provided. \$10 Love donation recommended. Great for teens and families as well as individuals. Facilitator: Sheri Pacitto, Life and Spiritual Coach. (760) 803-8125

### **eScrip**

As you know, the Philosophical Library depends entirely on donations and membership to keep our doors open. Please take this time to help support the Philosophical Library by joining eScrip, a fast and easy way to support the Philosophical Library. By registering your Vonsclub card, ATM card, and/or credit cards with eScrip, the Philosophical Library will receive up to 4% of the purchase amount in donations. **There is no extra added cost to you.** The donation comes out of your total purchase price, **not** an additional amount added to your bill. Just go to [www.escrip.com](http://www.escrip.com) to register your card or cards under our account name or group number. We are registered as The Philosophical & Religious Library but it is easier to find us through our Group ID number which is **150540844**. This act of kindness will add greatly to support the Library. Thank you in advance if you choose to join eScrip!

## Wednesday Events

### Alexander Speaks

Wednesday, March 19, 7:00 p.m.

(3<sup>rd</sup> Wednesday of each month)

You are invited to have a 15-minute conversation with Alexander about your questions, beliefs and experiences regarding your Soul's purpose and intent in this lifetime. Discover the spiritual wisdom and the lost teachings of such great philosophers as Socrates, Plato and Aristotle. Library donation \$5. For more information, contact Jim Buchanan (858) 486-8390.

### Metaphysical Singles of North County San Diego

Wednesday, March 26, 7:00-9:30 p.m.

(4<sup>th</sup> Wednesday of each month)

Meet like-minded singles who share your interest in Metaphysics. HEALING yourself and Others, experience hands-on healing as well as distance healing. Come open to the possibilities. Dane leads, guest healers are invited. Contact us if you have someone to suggest. Donation: \$5. Reservations at : <http://singles.meetup.com/674> or contact Celeste at (760) 294-4526

## Thursday Events

### Toning

All Thursdays, 7:00 p.m (no class on March 13)

Toning is a simple, esoteric vocal tool that affects your entire field – body, mind and emotions. It clears, aligns and balances your energy; and best of all, it feels great! Join us in this group work as we submerge ourselves in a sea of Love! Bring bottled water. Donation to Library requested. Call Genny Carr for more information (760) 743-3849

### Introduction to Rapid Eye Technology

Thursday, March 27, 7-8:30 p.m

This workshop presents a natural, safe way to release stress and trauma. Get a new career or add powerful tools to an existing one. Learn how to quickly and effectively release stressful, emotional, mental and physical patterns using simple techniques such as blinking, eye movements, breathing and stress reduction energy work. So effective, it's being used by first responders to relieve stress in patients and care providers alike—and yet, anybody can do it. Contact: Sandy Hoffman, (760)536-9004 or (543)459-6759.

### Saturday Evening Film with Richard Dell'Orfano

Saturday, March 1, 6:00 p.m.

(1st Saturday of each month)

**Goodbye, Mr Chips (1939) Stars Robert Donat/Greer Garson.**

Eight Oscar nominations, winner of one. The moving and somewhat sentimental story of a much-beloved school teacher through the long years of his tenure at Brookfield, the boys' public boarding school where he taught. Mr. Chipping conquers his inability to connect with the boys at the school as well as his initial shyness when he marries Katherine, a young woman he meets on holiday. "Chips" goes on to have an illustrious career as an inspiring educator at Brookfield. Clearly discernible is a nostalgia for the Victorian order that had faded rapidly after Queen Victoria's death in 1901 and whose remnants were fully destroyed by the First World War. Indeed, a recurring leitmotif throughout is the devastating impact of the war on British society. When the WW II breaks out Chips, who had retired the year before, agrees to come out of retirement to fill in for the various masters who have entered military service. Despite being taken for a doddering fossil, it is Chips who keeps his wits about him during an air raid, averting mass panic and sustaining morale. Countless old boys and masters die on the battlefield, and much of the story involves Chips's response to the horrors unleashed by the war.

Free to all, but a \$5 Donation is suggested to support the Library. Seating is somewhat limited to the first 30 or 40 so arrive early to sign in. Refreshments are limited, but freshly popped free popcorn will be available. Lively group discussion follows every film giving everyone rare opportunity to share their interpretations.

Richard Dell'Orfano has been the discussion moderator for three years at the Escondido Public Library. His selection of dramatic films are chosen for their moral dilemma or socially controversial issue, which "... stimulates thought and consideration even after the discussions.." and "...hopefully plants seeds for spiritual growth," as described in a fan letter. It is a privilege to host Richard and his monthly "Saturday Evening Film" at the Philosophical Library.

## **Saturday Events**

### **Joel Goldsmith's "The Infinite Way" Tape Study**

**All Saturdays, 11:00 a.m.**

Hear Joel's direct teaching on mysticism, meditation and principals. Learn how to attain conscious union with God. Donations benefit the Library. For more information contact Waddy at (760) 439-2673.

### **Women's Clothing Exchange**

**Saturday, March 1, 1:00 p.m.**

All women, all sizes, are invited to bring a few gently used items to this exchange. Then, go through donated items and take home your new treasure. For more info contact Trudy, starbird53@hotmail.com. Please make a \$5 or more donation to the Library. Clothing free!

### **Astrology for Non-Astrologers**

Starts when we get a new group of students

[www.astrology.meetup.com/156](http://www.astrology.meetup.com/156) let us know your interest.

## **Why we need volunteers**

Volunteers are the heart and soul of The Philosophical Library. Do you have office, library, or retail skills, or no skills at all? If you have a weekday afternoon or just an hour or two, drop by or give us a call. On occasion we do have events or activities on the weekend that we need help with. We are very flexible and will work with your skills. Volunteers are critical to the success of the Library. The Philosophical Library has been serving Southern California and the community of Escondido for over 40 years. That's where volunteers come in. Come and join us in a wonderful opportunity to make a real difference in people's lives.

### **Satsang with Francis Lucille**

**Thursday, March 13, 7:30 p.m**

Francis is a spiritual teacher of Advaita and speaks about one thing: awareness, our true nature, the Absolute. This is an ancient teaching of non-duality, the common ground of Advaita Vedanta, Ch'an Buddhism, Zen, Taoism and Sufism. In a loving, open, and peaceful manner, Francis leads us to a deep understanding that what we are is love—the pure awareness behind and between all the activities of the mind. The Library is very fortunate to have this opportunity. Don't miss it! Call for reservations as seating is limited. (760) 645-2724. Donation requested.

## **Friday Events**

### **Philosophy and Religion in the West**

**All Fridays, 2:00 p.m.**

Thirty-minute lectures (DVD) from The Teaching Company. The lectures are given by academic professors. Each lecture will be followed by discussion. These are talks on the long and rich interplay between faith and reason. Come and share your insights and wisdom. Contact Frank at 760-840-8178 for additional information

### **Friday Evening Dialogue**

**All Fridays, 5:30 p.m.**

Start the weekend right by joining the Friday Evening Dialogue. Join this unique discussion group and explore spirituality through dialogue and laughter. This get-together is for a discussion in which both differences and similarities are honored. Our goal is the deep inquiry which leads to self-awareness. We get there by examining our belief systems and concepts, sharing our own experiences and listening to others. The only thing you can count on is that every Friday is always different! Let the energy created by this group open you to laughter, to the joy of synchronicity, and the "Freedom to be!" Donation: \$5. More info: Amy at (760) 207-9062.

# Calendar

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