Check out Good Shop
How would you like to save money when you shop online at your favorite stores AND know that the Library is also getting a donation? Yes, it’s possible! Check out our Website and click on the Good Shop icon . Through Good Shop, you can pick from more than 5,000 stores (e.g. Kohl’s, Amazon, Target) to get the best money-saving coupons, and every time you make a purchase, the Library gets a donation. It’s truly a win-win situation for both of us, so please look into it now. With the holidays coming up, it’s always nice to take advantage of reduced prices!

Gift List Made Easy
If you have a gift list for the holidays, we can help you with gifts that are not only unique, but reasonably priced AND best of all, you will be helping the Library. Visit our gift store and see some of the latest acquisitions….quite a variety of metaphysical products. You’re sure to find something that will be the “perfect” choice. We have several consignors on board and their handcrafted jewelry pieces are not only beautiful but are one-of-a-kind, so a gift of jewelry will be one that you will not see in another store. Make a point to make the Gift Store your FIRST stop on your holiday shopping spree.

A Final Note
Can’t let the Thanksgiving month go by without expressing our gratitude to all our library family, from board members, volunteers, presenters, members, and also those who find their way to stop and visit from time to time. Please know that you ARE appreciated and we are blessed to have you in our life. Love and light to all………..

Jan
janieb@cox.net (760) 579-2466

Good food, great conversation, and some serious horseshoes and bocce ball……
Tourmaline

“Created by the natural energies of the planet, crystals are not only beautiful, but are powerful tools for holistic healing.”

Scientists have long been intrigued by the unique electrical and magnetic properties of tourmaline. Ben Franklin possessed at least one tourmaline stone that he used in his experiments. In 1880 Pierre Curie, co-recipient of the Nobel Prize in Physics, discovered that tourmaline carries a weak electric charge, thus it’s nickname of “the electric stone”. The electric current coursing through is electrons originating in the sun. Sounds like solar power!

Tourmaline has grown in popularity over recent years because of the scientific proof that it counteracts the effects of electromagnetic fields that are thought to possibly be harmful, such as cell phones, computers and microwave ovens. And surely most of us come in daily contact with one or more of these items! The stone can also make water slightly alkaline. For years, tourmaline has been a recommendation for lining tropical fish tanks. As humans, wearing tourmaline on the body will adjust body fluids to a slightly alkaline pH, which is optimal for health. It is definitely a detoxing stone, linked to the root chakra and is spiritually grounding when used in energetic healing.

We have packaged pieces of tourmaline in small bags as well as selling the pieces separately. The small bags make an excellent stocking stuffer gift! Priced at $4.50, it’s also a bargain!

Holiday Gift Ideas

Singing Bowls Back in Stock

Two sizes of singing bowls are back in stock: 4-inch and 5-inch. Singing bowls produce sounds which invoke a deep state of relaxation which naturally assists one in entering into meditation, the ultimate goal being enlightenment. In addition to their traditional usage for meditation, Tibetan singing bowls are used for stress reduction, holistic healing, Reiki, chakra balancing, and World music. Many people find that the rich blend of harmonic overtones which the bowls produce have a direct affect upon their chakras.

Variety of Healing Wands

Since ancient times, crystal wands have been used for healing by healers all over the world. Some believe that they were even used by crystal healers in Atlantis. Wands gather and direct energy, the elongated, cylindrical shape enabling the stone or crystal to direct its healing energy in a straight line, and the wand’s point focusing the crystal’s energy so that it can be used on specific areas of the body. Different stones have different healing energies and, therefore, have different effects on the body, aura, and chakras. Many of the wands we carry in the store are “chakra” healing wands and so incorporate all the stones that are related to the various chakras in the body. They are a beautiful addition to the home, even if a person is not a practiced healer. The wand pictured here comes in its own satin-lined velvet box. A unique gift!

Prayer Beads

Prayer beads are used by members of various religious traditions such as Hinduism, Buddhism, Christianity, Islam, Sikhism and the Bahá’í Faith to mark the repetitions of prayers, chants or devotions, such as the rosary of the Virgin Mary in Christianity, and dhikr (remembrance of God) in Islam. The use of beads in prayer appears to have originated with Hindu religious practices in India, possibly around the 8th century. Buddhism, which developed from a sect of Hinduism, retained the use of prayer beads as it became established in China, Korea, Japan and Tibet. Supposedly, Islam adopted them through contact with the former Buddhism and Hinduism. The Catholic rosary form of prayer beads was common throughout Europe by the Middle Ages. So, they have been around for a long time! Consider this unique gift as you are shopping for that special someone on your list!
Visit our AMAZON store, Ibis Books, at www.amazon.com/shops/ibis_books
See our interesting selection of used books for sale online—spiritual—metaphysical—holistic—philosophical—alternative healing—paranormal—movement arts—some rare & out-of-print—and, coming soon, gifts! All proceeds from your purchases from our Amazon store help keep the Library alive!

Books Wanted
Cleaning out your space? Do you have books laying around you never read or are taking up room? Why not donate them to support a 51-year-old 501c3 non-profit whose mission is "to provide unique resources for those seeking meaning, wisdom and self-discovery"? We take all kinds of books: metaphysical, philosophy, self-help, psychology, cookbooks, textbooks, whatever (as long as they are in clean, readable condition). They are put into our collection, sold in the store or on line. Contact info@philosophicallibrary.org (best) or call the Library at 760-745-2724. You can also drop them off during open hours.

Hold your Class or Meeting at The Philosophical Library
We can provide: comfortable large or small rooms, one or multiple days, as well as audio / video equipment. Rental discounts are available for extended classes.
For more information call : (760) 745-2724

Desk Worker/Volunteer Coordinator
We have an opening for a Desk Worker/Volunteer Coordinator that can work at the front desk assisting customers, checking out books, training other volunteers, filling in at times of need, etc. Perfect for someone with a flexible time schedule that believes in our mission. You will start out as a desk worker, training on a few Saturdays a month from noon to 4 pm. Other tasks are available to keep you busy. Meet interesting people in a unique place. Contact the library at (760) 745-2724 or info@philosophicallibrary.org.
Tuesday Events

Om Healing Circle, Tuesdays, 7-8:00 p.m.
The Om healing technique has been brought back to the world by the grace of Mahavatar Babaji and Sri Vishwananda. It is an ancient group healing technique that uses the cosmic vibration of Om for healing humanity and Mother Earth. Om healing helps bring healing balance to people and the environment on all levels: physical, emotional, mental and spiritual. While practicing Om healing, over-negativity is transformed by the cosmic vibration of Om in positivity. Library donation. Info: Aruna Bulsara (760) 480-8201; jayshukh@sbcglobal.net. Library Donation.

What is Jyorei Healing? With Francois Kuwata
November 11 and 25, 6-7:30 p.m.
Jyorei, a spiritual healing art, penetrates and dissolves the clouds that cause physical, emotional and personal dilemmas. By focusing divine light, this system gradually provides a purification of the spirit. This method creates a profound and balanced healing experience where feelings of deep tranquility and well-being flow between both healer and recipient. Francois of Shumei America will introduce and demonstrate this unique experience where the giver benefits as much as the receiver. $10. Attendees will receive an individual healing. More info: (626) 318-7895; francois.kuwata@shumei.org.

North County Wellness Network
November 18, 8:30-10:00 a.m.
Monthly networking gatherings for holistic/wellness practitioners of all kinds and businesses who embrace wellness. The gathering goal is connection, support and collaboration. Celebration of the power of wellness for the people who facilitate San Diego health. A unique interactive format provides more focused connection than most networking events. Please come and be a part of the organic growth of this network dedicated to the well-being of our community. Features monthly guest speakers from within the group as well as outside the group to bring wisdom of other healing modalities and marketing strategies to benefit all. RSVP to Pamela (858) 361-3366 or soulmindknowing@gmail.com. Join us on Facebook at https://www.facebook.com/groups/706742572680972/. Hot tea served. Library Donation.

Field of Consciousness
November 11 and 25, 5-6:00 p.m.
I am inviting all those who feel the call, to come and form a group with the purpose of joining in heart and spirit to create a Light grid, in a space of Love, Light and Oneness. We will share needs and wants, do clearings and meditations to transmute negative energy, raise our vibration and the vibration of those connected to the grid. The Light shall set you free! If this resonates with you at the time, you are encouraged to reach higher…as humanity needs your help to complete its transition. Namaste! Izabelle Joie Doucet, Minister and Energy Worker. $10 donation. Info: douceizabelle88@gmail.com; (760) 658-5866.

Wednesday Events

Alexander Speaks, November 19, 7:00 p.m.
Alexander is now presenting the experience of discovering your energies and abilities from observable past overlays. Bring your unique talents and abilities and share in the process. Past lives and psychic messages as time permits. Interactive discussions/insights include:

- The Future
- Conflict Resolution
- Individual and Mass Conscious Manifestations
- Elimination of the Need for Control
- The Art of Forgiving
- Spiritual Development, Evolvement and Expansion
- Traits of An Evolving Being and more

Fee: Suggested $10 loving support to your library. Info: contact Jim Buchanan (858) 486-8390. Alexander DVDs now available.

Thursday Events

Sky Meditation—Add a New Dimension to Your Life, November 6, 6:30-8:00 p.m.
Live naturally in the present moment and enjoy deep states of inner peace. The key to meditation is letting go, not trying to control anything. Beginners, as well as long-term meditators, can get frustrated because they find it difficult to quiet the mind. The SKY Meditation course is a step-by-step practical approach to making your meditation experience easy and enjoyable. It’s a perfect technique for beginners, as well as an invaluable way to enhance any techniques you may already practice. During this introductory session you will learn simple yet powerful breathing techniques that can help you go deeper into meditation as well as experience a deep, guided meditation. $10 Library donation requested. RSVP required by Nov. 5 to Michael michael@skymeditation.org; (805) 705-6235. Michael Fischman is a leader in the field of personal development and author of the multiple-award-winning memoir, Stumbling into Infinity: An Ordinary Man in the Sphere of Enlightenment.

A Course in Miracles, Nov. 6, 13, 20, 6:30 p.m.
A Course in Miracles continues to be one of the most influential and effective tools for true spiritual healing and self-discovery, assisting individuals to find their true purpose in life. Please join us for an intro to the book and group discussion on its lessons and relevance as we enter the new age. Adrian Magana; (760) 822-6294; www.iamhealingmiracles.com. Library Donation.

Friday Events

Fridays with Lyndi, 1-5:00 p.m.
The holiday season is upon us, nothing has been set at this time with Fridays with Lyndi, so just stop by for casual conversation to keep the flow going.”
Info: energymagicx8@gmail.com
Introduction to Transmission Meditation
November 7, 6:30 p.m.
During the time of the full moon, the subtle energies flow with higher intensity. Join us for a brief introduction to the autumn festivals and the energies flowing during the full moon. An introduction to transmission meditation begins at 6:30 p.m. The meditation begins at 7:00 p.m. Library Donation.

Angel Messages
November 7, 21 and 28, 6:30-9:30 p.m.
Medium Dawn Yepez and Psychic Debra Zachau will be holding enjoyable evenings of Psychic Mediumship. These circles are such fun and we want to personally connect with everyone who attends so we are asking people to pre-register by calling us directly to RSVP. $25 with RSVP; $35 at the door. Pre-registering wins you a fat discount. To reserve and receive your discount, call Dawn Yepez at (760) 208-0062 or Debra Zachau at (760) 622-1881. Debra will be available for private readings prior to the event. Call Debra directly to reserve a reading time.

Saturday Events
Joel Goldsmith’s “The Infinite Way” Study, Every Saturday 10:30-11:30 a.m.
Hear Joel Goldsmith’s direct teachings of The Infinite Way principles, mysticism and meditation each Saturday:
• Learn how to practice and attain conscious union with God.
• Meditation before and after tape.

Creation and Manifestation Thru Drumming
November 8, 1-4:00 p.m.
Come ready, prepared and open to becoming the highest vision you hold for yourself. The ceremonies that we do together as we honor each other’s thoughts, words and actions creates space for us to hear our own best wisdom. We become more conscious of how our actions in this moment will affect that vision. In this workshop, you will be led in a heart drum opening that will allow you to connect to the true essence of what you want to create. You will have a chance to move and allow your body to speak its wisdom; for anything that is holding us back emotionally and mentally could eventually manifest in our bodies, if it hasn’t already done so. There will be experiential exercises that help us get to the core of what could be in our way, but mostly we will be building our dream and infusing it with the power of the drum, thought, movement and gratitude. So, join us for this sweet time of creation and manifestation. $25. RSVP required by November 6 to Nancy Marks, (858) 405-2101 or nancyemarks@yahoo.com.

Metaphysical Cinema
WILL RETURN IN JANUARY

Happy Holidays!

Psychic Fair, November 22, 12-5:00 p.m.
Save the date for our Psychic Day and mark your calendars for the last Saturday of every month (exception Nov. & Dec.) from 12-5 p.m. so that you may enjoy the opportunity to sit with our readers for only $1 per minute (20-minute minimum). You need not make an appointment, but you can call the library (760) 745-2724 an hour prior to the start of the event if you want to ensure a specific time and reader (pre-payment when calling will be required). The concentration of Light-working readers prepares the space adding a very high vibration, with specific intentions that you will feel when you walk in——good energy! Enjoy browsing the new items in the gift shop. You can see detailed bios for our readers on our Website, www.philosophicallibrary.org. More info: Jan (760) 579-2466; janieb@cox.net or Debra (760) 622-1881; debrazachau@yahoo.com. NOTE: Next fair will be a week earlier due to holidays, December 20.

By Appointment

Akashic Record Readings/ Izabelle Doucet
Tarot-Focused Intuitive Readings/Debra Zachau
One-on-One Spiritual Life Coaching/Adrian
Platicas Espirituales Uno a Uno con Adrian
One-on-One Coaching to Get to the Core With Linda Summers
Readings and more with Victoria SkyDancer

See our Website for details and contact information for the readers and counselors listed above.

Please note that the Library does not subscribe to any of the material presented in the activities hosted. It is our purpose to offer a forum for the presentation of a wide variety of philosophical, spiritual, religious, and secular beliefs without endorsing those beliefs.
When Heaven is Quiet

There are a lot of reasons why you can’t hear or see your loved ones after they have passed away. Grief anchors us, as it is designed to do, to our earthly and very human expressions. This human experience makes a person feel saturated with emotion due to a loved one leaving us (through death or life). There simply isn’t enough room within our minds to cope with the wide range and fast-moving extremes of emotion.

Grief is the ‘hard candy shell’ that cocoons us while we are healing through our stages. This sweet coating is very healing but sometime prevents a clear connection to the other side. There is Grace in sadness, depression and loss, but what I hear so often from clients is how they believe their grief would shift and they would feel so much better if they could somehow communicate with their loved one. Heaven seems so quiet when we hurt the most doesn’t it?

One of the most common reasons a person reaches out to a psychic or psychic medium is to help make sense of the fragmented, painful feelings of grief. My intention for writing this article is to give you a few steps that may lead to experiencing a connection with your lost loves. There is nothing better than to have a personal, dynamic, unforgettable, and non-refutable connection with Heaven directly to you from your passed loved one or your Guardian Angel. (These steps will also help those of you who are interested in developing an ‘ear for the Angels’, and possibly serving others in the way I do).

First of all, clear your mind for the moment and entertain the thought that there is arightness to what has happened. Hold this thought for as long as you can. No matter what you have been experiencing, or how you were raised, or what society says, or your family or your church says about this transition, you, for the next 5 minutes, will truly believe that everything that has happened is just fine. This will allow time for your Angels and Guardians to communicate with you without you shutting down the incoming information due to the lack of ‘good’ reasons for this person’s death or your love leaving you.

The next step is to ask to see something in a certain number of hours or days. For instance, say out loud “If you can hear me I want you to show me 3 red Corvettes within 48 hours”. Make it finite and firm. Then be aware and on the lookout for them. If, for some odd reason you see two instead of three that day, get on the horn and demand another one before the allotted time is up. This step helps keep your mind from that drifting abyss of fog and indifference that grief is so famous for, all the while building a lighthearted dialogue with the other side.

Last but not least (I mean that! There are hundreds of ways to communicate with the other side). Know that no one dies alone, even if you leave the room. There is so much going on between the dying and the transitioned you would be amazed! All positive. Whatever the circumstances of death, sudden or coma, suicide or natural, it is all perfectly fine for the dying. I have studied this topic for years and have worked through many hospice companies to know that all really is well and peace of heart really does come.

Please reach out when you need to. If not to me, then someone you trust—a friend or family member. Let others in to hold healing space for you. You are loved. Medium Dawn Yepez and I will be holding Psychic Circle Fridays in November at the Philosophical Library from 6:30 to 9:30. 1330 E Valley Parkway Suite G, Escondido CA. See listing on page 5 for Angel Messages.

Debra Zachau

Debra Zachau is a Lightworker who has dedicated her life to the service of others on their paths. Her website is www.growyourlight.com or call direct at 760-622-1881. Private readings in person in Oceanside, Escondido or a place of your choosing. Also over the phone has proven to be very popular. Mention this article and receive a gift of an added 15 minutes when a 15-minute reading is purchased through her website.
### NOVEMBER 2014

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**Psychic Fair!!!!!! Saturday, November 22, 12-5:00 p.m.**

*Many readers available. $20 for 20 minutes.*
The Philosophical Library is now located at 1330 E. Valley Pkwy, Escondido, behind the IHop restaurant. We are a non-profit organization operated entirely by dedicated volunteers and have been a community asset in Escondido since 1963. With over 12,000 books, audio, video and reference materials, it is the largest privately owned lending library open to the public in Southern California. Our selections cover an extremely wide range of spiritual topics – from Astrology to Zoroasterism – and everything in between! We have classes, seminars, special events and a Gift Shop with a large selection of gems, crystals, gifts, plus incense and used books. Our mission at the Philosophical Library is “to provide unique resources for those seeking meaning, wisdom and self-discovery”.

1330 East Valley Parkway, Suite G
Escondido, CA 92027
Phone: (760) 745-2724
Web Site: www.philosophicallibrary.org
E-mail: info@philosophicallibrary.org
Hours: Tues. thru Thur. 3 p.m. – 7 p.m.
Fri. 1-5 p.m.; Sat. 12-4 p.m.
Closed Sundays, Mondays and Holidays