

# The Universal Flame

Free monthly publication

Issue 082009

## September

### New Events

- Nothing is Incurable  
Sunday, Sept. 6
- Mediumship Intensive  
Sundays Sept. 20, 27
- Love Yourself, Heal  
Your Life, Achieve  
Your Dreams  
Mondays Sept. 21, 28
- Chitartha  
Wed., Sept. 2  
Sat., Sept. 5  
Thurs., Sept. 10
- Consciousness Series  
All Fridays

### What's Up?

We have a new look! Note the new logo and newsletter name above. The Strategic Planning Committee, led by Dr. Rhoberta Shaler, has been working on creating a modern image for the Library as well as identifying and planning for our future. Over the past 5 months, our Saturday afternoon meetings have been filled with developing an individual look that brings the Library into today's world in a way that our community will recognize and identify us immediately.

The stylized flame reflects the transformational quality of the Library: With this simple and effective image, we feel that the Library is still in line with its beginnings, for the original logo developed many, many years ago had the flame for the centerpiece - set upon a book and enclosed in a triangle. We all attest to our own experience of the Library having a transformative influence on our lives. This is what the Library is about and we want to offer this experience to others who are ready. "The Universal Flame" the new title for our newsletter, also reflects this outlook and speaks of the process of awakening for all. A way to help the Library save costs is to re-

ceive your newsletter online by going to the Web site.

We are so appreciative for the direction and expertise of Dr. Roberta Shaler who has so generously and capably led us through this process. With the completion of the "new look" aspect of the "strategic plan", we will be focusing on public relations, marketing, recruitment of volunteers and organizational tasks in the coming months. Since our building is up for sale, we may also be forced to consider a move.

A huge "thank you" to all our participants: Dan McMiller, Dennis Shipman, Marjorie Rodgers, Kent Kaluf, Pam Pespei, Rachel Connolley, Genny Carr and Trudy Lynn. If you would be interested in joining the Committee in our continued efforts to make the Library into the best it can be, please join us.

An anonymous donor has laid down a challenge for the Library: if we can get all of our Library books entered into the computer by December 31, he will donate \$1,000. In order to accomplish this task, we will need your help! If you can help with the data input into the computer, call Laura at (760) 745-2724 to set up your training and your schedule. Perhaps you might be willing to add to the "purse" by pledging additional \$\$\$. This is a very exciting turn of events! Let's see what we can accomplish when those who love the Library work together in a new way!

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Web Site: [www.philosophicallibrary.org](http://www.philosophicallibrary.org)

E-mail: [info@philosophicallibrary.org](mailto:info@philosophicallibrary.org)

## Other Than This.....

Fall is in the air! The changing of the seasons always leaves me reflecting on how fluid our lives are. Change is the essence of our lives. Inevitable, constant, even crucial to our survival. And yet, it can be so difficult to embrace the ever-changing world in which we live. Even changes for the better at the workplace, in social services provided for us, or in one's personal life can seem to be challenging.

Sometimes change feels like one is losing some kind of control. Look at this Newsletter. It took many people and a great deal of effort to do this re-vamp. Embracing change involves trusting in the unknown. Trusting that you'll do your best, and do whatever is necessary, regardless of the outcome. Feeling pressure, feeling overwhelmed, or stress can be common symptoms of change in one's everyday hectic life. So when was the last time you took time for yourself? I mean - just for *yourself*. Have you ever taken just *yourself* out for a date? This really works to help refresh and rejuvenate your inner balance. Go to the movies with yourself one afternoon. Not just *by* yourself. *With* yourself. Treat yourself. Be good to yourself. Get outside - nature is naturally inviting and welcomes one with open arms. Anywhere you live has many places where you can get away *with* yourself. A local park, a beach, the ocean, the grounds of a winery, a lake or recreation area, etc., etc.

If have a hobby or pastime, treat yourself! Go to a craft store and spend some *time* on yourself. Then buy that brush, set of markers, paint, writing tablet you've wanted for a while but haven't gotten around to getting. Take a few minutes and meditate everyday—a great way to treat yourself to a little quiet time. Try this first thing in the morning remembering YOU are truly a gift to this planet. Keep a notepad by your bed and write a couple pages first thing in the morning. Just write whatever comes to you, no rules! This can help clear your senses for the new day and spend a little time on yourself everyday. Browse an electronics store and get yourself a new gadget or a favorite old movie you always wanted. Got toxic people in your life? Reconsider your relationship with them. How about reconnecting with your Spirituality or whatever you call a Higher Power? Just be good to yourself. And that loss of control I mentioned earlier? You didn't lose anything. Any control you thought you had was just an illusion. Embrace the fluidity of life! If you have any questions or comments please feel free to contact me - ron@leejen.com. Blessings ~ Ron

## Monday Events

### Meditation

**All Mondays, 7-8:00 p.m.**

Meditation cuts through all the illusion, all the projection, all the confusion we have about the world and mostly about ourselves.

- Move beyond concept into direct experience
- Loosen the knot and open the heart

Experience the moment and your true Self. Library Donation. For more info contact Ron at (760) 484-2743 or ron@leejen.com.

### **Steering Committee Meetings**

**Mondays at 8:00 p.m. Sept. 14 and 28**

Please join us on the 2nd and 4th Monday evening as we continue to explore and plan our future. Without the Library, your world and our community would be different! Call Dan (858) 692-5552.

### Love Yourself, Heal Your Life, Achieve Your Dreams Workshop

**Mondays, 6:30-8:30 p.m. begins 9/21 (8 wks.)**

Embark on or continue your healing journey at a deeper level using tools of transformation.

- Discover and release negative life-long patterns by reprogramming the subconscious mind
- Experience empowerment and harmony in your life using meditation, hypnosis, affirmations, visualizations and mirror work.
- Connect with your Soul's purpose manifesting your dreams.

\$130 for 8 wks. Or \$20 per session. Info: Rhoda Reilly, LCSW, CHT, (760) 742-1392; heartcenteredtherapy@vcweb.org.

## Tuesday Events

### Spiritual Awareness Classes

**Tuesdays, 7-9:00 p.m.**

The purpose of this class is to develop "Spiritual Awareness" for the Soul and to explore all matters that involve "Spiritual Growth" to guide us on our journey in this lifetime.

- Mediumship classes: Introduction, Mental &

Physical, Laws & Ethics

- Development, Teachers, Guides & Angels, Delivering Messages
- Spiritual & Universal Laws: Elements, laws, principles, affirmations
- Spiritual films: feature films monthly 1x, short films every Tuesday

Info: Rev. Grace Wynands (760) 749-3625 or email: gwynands@hotmail.com. Fee: \$10.

### Wednesday Events

#### Chitartha

**Wednesday, September 1, 7:00-9:00 p.m.**

Chitartha is returning to the Library for three great events in September—also Saturday, Sept. 5, and Thursday, Sept. 10. This event will focus on Being and Awareness. Discussion topics include jnana, bhakti, karma and yoga in daily living here and now. This is a chance to learn anew and deepen your daily presence. Hosting Chitartha as a guest at the Library is a true joy. Info: Chitartha at chitsidh@yahoo.com

#### Maitreya and the Masters of Wisdom

**Wednesday, September 9, 6:30 p.m.**

As we approach 2012, UFOs and a bright star in the sky will herald the emergence of Maitreya and the Masters of Wisdom, here to guide us into the new age, an age of justice and love, of freedom and peace, an end to the present social and economic unrest. Never in the history of humanity has there been a time with the same potential for change. Come hear a brief introduction to Maitreya's message, mission and Transmission Meditation. Donation. Adrian Magaña 760-822-6294.

#### Alexander Speaks

**Wednesday, September 16, 7:00 p.m.**

You are invited to have a 15-minute conversation with Alexander about your questions, beliefs and experiences regarding your Soul's purpose and intent in this lifetime. Discover the spiritual wisdom and the lost teachings of such great philosophers as Socrates, Plato and Aristotle. Library donation \$5. For more information, contact Jim Buchanan (858) 486-8390.

#### Lifequake & Beyond

**Wednesday, September 30, 7:30 p.m.**

In this co-creative mini-workshop, Dr. Jor-El Elkin

inspires and guides you through your own lifequake. This fast track to your perfect futures starts with Jor-El sharing highs and lows of his extraordinary journey through the challenges of a long, pioneering career as a radical Evolutionary. He enhances LifeQuake® training with powerful, leading edge tools and methods for taking your personal growth and success to the next level. \$45. Info and reg.(760) 500-6171/(760) 745-2724; www.jor-el.org.

### Thursday Events

#### Full Moon Toning

**Thursday, September 3, 7 p.m.**

Toning is an ancient esoteric practice utilizing sounds and heart-love for optimal living.

- Align mind-body-soul to its highest potential
- Loosen dense, destructive patterns for release
- Learn to express yourself from the point of Freedom instead of fear.
- Be amazed by the result—feeling great!

Library donation. Bring bottled water. Info: Genny Carr (760) 743-3849.

#### Chitartha—Satsang

**Thursday, September 10, 7 p.m.**

In this meeting of Truth (Satsang) we share and explore who we truly are. It is very easy if the conviction is WE ARE THAT!! WORLD IS THAT!! ALL IS ONE!! There will be an invitation for a “hugging—blessing” at the end of each event. That means that during the blessing, the divine is called in, so there is not a “me” giving the blessing. Info: chitsidh@yahoo.com. Leave phone # for call back.

#### Beak Speak

**Thursday, September 17, 7:00 p.m.**

The Chloe Sanctuary for Parrots and Cockatoos hosts a meeting about living with parrots as companions.

- Learn why parrots are much more than animals that are pretty, talk or dance.
- Explore ways of training, living with parrots, nutrition, foraging, selecting toys, and creating a friendly environment
- Learn how to correct behavior issues such as screaming or biting.

Please RSVP as seating is limited. Donations to The Sanctuary appreciated. Info: (760) 755-7317

fatherdon@chloesanctuary.org;  
http://www.chloesanctuary.org.

## Friday Events

### Consciousness and Its Implications

**Fridays, 2:00 p.m.**

We will be attempting to unravel the nature of consciousness.

- What is Consciousness? How does it come about? What is it for?
- How is it that we know anything?
- What about the perplexing relationship between the immaterial and the physical?
- How are the laws of thermodynamics and quantum physics involved in the understanding of consciousness?

Teaching Company DD six-week series taught by Professor Daniel N. Robinson, Oxford University. Donation to Library. Info: Frank Woolridge (760) 480-8187.

### Adyashanti Gathering

**1st Fridays of the month, September 4, 6:00 p.m**

An open group of those seeking to experience the teachings of Adyashanti and the truth that he points to.

- We begin by watching a DVD of one of his Satsangs.
- Following is a sharing of how his teachings have benefited or affected us.

Info: Trudy Lynn (760) 745-2724

### From Your True Nature

**All Fridays, 6:00 p.m.**

“...behind all of your desires was a single desire: to experience each moment from your true nature.”- Adyashanti.

- Join us for an exploration of just what our true nature is!
- Teaching DVD's, quotes and quips from Sages of all ages
- Questions, discussion and sharing of experiences regarding the timeless and the unexplainable.

- Requirements are openness for discovery and aptitude for celebration and laughter.

Info: Trudy Lynn (760) 745-2724. Library Donation

## Saturday Events

### Joel Goldsmith's "The Infinite Way" Tape Study

**All Saturdays, 11:00 a.m.**

- Hear Joel Goldsmith's direct teachings of The Infinite Way principals, mysticism and meditation
- Learn how to practice and attain conscious union with God.
- Meditation before and after tape.

Info: Waddy Wells (760) 271-4187. Library donation.

### The Great Shift in Consciousness

**Saturday, September 12, 7:00 p.m.**

New monthly series, an exploration into “the most amazing event in human history.” Sources differ about exactly how it will take place, or when - some say 2012, the end date of the 5,000 year-old Mayan calendar. Growing numbers of people agree that a profound evolution in consciousness is taking place now. Join us and decide for yourself what the truth is. This month's spiritual messenger: Dr. Wanda Binats, Spiritual Teacher & Counselor, Psychic Intuitive. Audience Q&A. Library donation.

### Metaphysical Cinema

**Saturday, September 19, 7:00 p.m. showtime**

"One: The Movie". ONE filmmakers asked 20 questions of religious and spiritual teachers as well as artists, authors, atheists, and people on the street. The answers are intertwined with the image of a “nameless traveler” who has grown weary with the suffering and negativity of the world, and who begins a search for meaning and truth. Call Dan at 858-692-5552 for questions

### Iridology Readings with Jon D. Jensen, CMH, Iridologist

**Saturday, September 26, 1-5:00 p.m.**

Jon, who has over 20 years' experience in Iridology, nutrition and personal self-development, will offer his skills for **both people and pets!** Iridology is the study of the iris of the eye and is a gentle, noninvasive way of identifying inherited strengths and weak-

nesses and areas of the body that need nutritional support. Appointment for a reading, phone (760) 745-2724—\$15 for 15 min. John: (760) 443-4285, J23Jon@aol.com or www.healthresourcecenter.com

### Soul Alignment and Integration

**Saturday, September 26, 7:00 p.m.**

Learn how to align with the soul qualities of inspiration, revitalization and healing. We will explore various ways to align our personal natures, integrate with spiritual qualities, and unfold the various powers of our soul: Light, Love, Peace and Joy. Join us as we explore our own esoteric and subjective natures in fun and fellowship. Library donation. Info: Brett at b77@cox.net

### Chitartha

**Saturday, September 5, 2-5 + 5 p.m.**

From 2-5, you are invited to a private session (by donation). Bring into this session whatever you like to discuss, look at, process..ALL are welcome. Chitartha, with his 30 years of experience in body-orientated counseling, yoga, Buddhist and advaita practice, and holistic living would like to support you in your journey as it unfolds HERE and NOW! Appt. necessary. Phone (760) 745-2724.

At 5 p.m. Satsang, this meeting of Truth, where we share and explore who we truly are. WE ARE THAT!! WORLD IS THAT!! ALL IS ONE!!

Info: chitsidh@yahoo.com. Leave phone # for call back.

## **Sunday Events**

### "The Open Door"—A Spiritual Adventure

**All Sundays, 11 a.m.**

Psychic, Medium, Psychometrist, Spiritualist, and Police Consultant Reverend Rosemarie A. Kerr will be offering "The Open Door: A Spiritual Adventure". She can be reached in person at 760-746-0545, or e-mailed at therevseven@aol.com. Donation.

### Dreams Workshop

**Sunday, September 6, 4:00 p.m.**

Dreams are spiritual phenomena because they tell you about your inner life. They can be used as a guide for seekers, as a tool to measure emotional, mental and physical health, and therefore they can heal us at a deep level. Info: Jayashree (760) 751-3088.

### Nothing is Incurable

**Sunday, September 6, 5 p.m.**

The Bruno Groening Circle of Friends hosts a free introductory lecture on help and healing on the spiritual path.

- Learn the teachings of Bruno Groening, the "Miracle Healer".
- Learn to connect to God's "Healing Stream"
- Learn to recharge your battery and bring health, finances and relationships into divine order.

Please RSVP. Donations welcome. Info: Diane Wilson (858) 672-4376.  
diane\_lene\_wilson@hotmail.com.

### EFT Training

**All Sundays, 7:00 p.m**

Offered by Izabelle Joie Doucet, EFT practitioner who also has a background as a yoga instructor, past life therapist, pranic healer and spiritual counselor. Come and learn this powerful technique that is based on the same energy meridians as Chinese acupuncture but without the invasiveness of the needles. Seek a change in your life? Come and learn EFT with Izabelle. Info: (760) 737-3515. Library donation.

### Mediumship Intensive with Shanna Spalding St. Clair

**Sunday, September 20, 27, 1-3 p.m.**

**October 4, 11, 1-3p.m.**

This Intensive will present the effective Gatekeeper mediumship style of the "old time" mediums. By learning to work with your Gatekeeper, you will learn to give messages which include: Proof of Spirit, Evidence, and a Higher Message of Spiritual Wisdom. This is a highly accurate approach that also bears powerful witness of spirit loved ones for those who are reached by the medium. Shanna will model the techniques and guide students as they gain expertise. This Intensive requires your dedication and willingness to learn a new technique. Students must be accepted into the Intensive prior to the first class. Limit of 10. (Note: this class is open **only** to those who have pre-registered.) For further information and cost, contact Shanna Spalding St. Clair at 951-657-6587.

**Understanding God, Mankind and Cosmos**

Sunday, September 27, 3:30-5:00 p.m. #5 (448 pgs)

Readings, discussions of the Archangel Gabriel book with Author Armand L. Archambeault, the 4th Sunday, monthly. This week: Glossary, Evolution, Creation and Materialism. "White Bible of the Mind", is a transforming Mind Book.

- Learn: Social, Unified Theory, Spiritual, Humanity, Psychological, Religious, Studies
- Learn: Finding self/Self, Reason for Being, Problem Cures.
- \$5 Library donation.

Email: ArmandL.Archambeault@gmail.com. Web: Armand L. Archambeault's Storefront.

**To better assist our community** we are placing advertisements in the upcoming editions of our newsletter, The Universal Flame. We will display business cards (black and white copy) and also accept classified ads (for sale/wanted).

<b>FOR RENT</b>	Office Space for Rent in Library Available immediately. Size: 220 ft. \$350 per month Rent includes utilities and use of our beautiful meeting room twice a month. Internet access available. Contact (760)745-2724—if unanswered, please
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**SALE! Sept. & Oct.**  
**Valley Center**  
Call Stacy for appt. (760) 274-7705  
**Furniture; nic-nacs; books; outdoor; kitchen; pet cages; craft and office supplies; clothing; small electronics**

Free to Good Home  
Five-year old, Boxer  
female, spayed  
**Genny (760) 743-3849**



**Spiritual Healing and Readings, Past Life Regressions by Rev. Grace Wynands.**

**Wednesdays, 2:00 to 5:00 p.m.**

Grace is a clairvoyant, medium/psychic and a spirit healer.

You can phone for an appointment (760-749-3625) or [gracewynands@gmail.com](mailto:gracewynands@gmail.com). Website: [www.whitelightchurch.com](http://www.whitelightchurch.com). Walk-ins welcome!

**Rev. Leslie Saunders—Kaballah Readings and Spirit Circles**

**Thursdays, 2:00 to 5:00 p.m.**

Rev. Leslie Saunders, president of National City Spiritualist Church, is a medium, teacher and Kaballah reader with many years of experience. You can phone for an appointment (760) 214-5681.

**Newsletter Submissions and Scheduling**

In order to serve our members, giving enough prior advance notice for events, classes, etc. we **MUST** have the newsletter ready to be mailed early enough in the month. This means that items for the newsletter need to be submitted by the **10<sup>th</sup> of the preceding month**, allowing for creating, proofreading, revisions, printing, processing, etc. For booking new events, check with Genny Carr at (760) 743-3849 as to availability of dates.

Once your date and time has been established, you need to write a description of the event. This "blurb" should be kept to a reasonable length (75 words or less—see current items) and include a contact person and number and/or e-mail address for further information. You should also indicate whether you will be charging a fee, or if it will be on a donation basis to the Library. Send these blurbs to Jan at [janieb@cox.net](mailto:janieb@cox.net).

**A meeting room** is available for those looking for a facility to hold a class, workshop, speaker, etc. The large room fee is \$15 per hour, with a two-hour minimum. Small room fee is \$10 per hour, with a two-hour minimum. Contact Genny at (760) 743-3849.

calendar

**Hours: Tuesday through  
Saturday: 1 p.m. – 5 p.m.  
Closed Sundays, Mondays  
and Holidays**

**Board Members**

Trudy Lynn.....President  
Dan McMiller.....Vice President  
Rachel Connolly.....Treasurer  
Ron Porter.....Secretary  
Genny Carr, Keith Smith, Waddy Wells  
*Librarian: Laura Bogunovich*  
*Newsletter Editor: Jan Burke*

**Garage Sale, September 19, 8-1 pm  
415 Hanford Glen, Escondido**

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**The Philosophical Library  
2091 E. Valley Parkway, Suite D  
Escondido, CA 92027**